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## Using Transdisciplinarity of Indigenous Knowledge Systems in Food Security Research

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**ABSTRACT** The National Development Plan (NDP) of South Africa identified specific real life problems. These problems are characterized by complexity and require a transdisciplinary approach with participation of all key stakeholders involved, including local communities. The article is based on cases from Mtunzini, KwaZulu-Natal and the researcher's experience from a four months' Indigenous Knowledge Systems (IKS) workshop on IKS epistemologies and research methodologies. It illustrates the importance of integrating different knowledge systems including indigenous knowledge in solving complex social problems. The researcher used a mixed research method approach and an Afrocentric approach to interrogate the way community members dealt with natural hazards, which cause food insecurity.